

Psychoeducational Assessments



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Key Questions

- In short, what is a psychoeducational assessment?
- What is the difference between an assessment and counselling?
- How long do assessments take? And how much do they cost?
- Tell me more about the type of testing involved.
- What does the final report include? And how can I use it to benefit my child?
- What are the next steps after an assessment?





Let's get started...



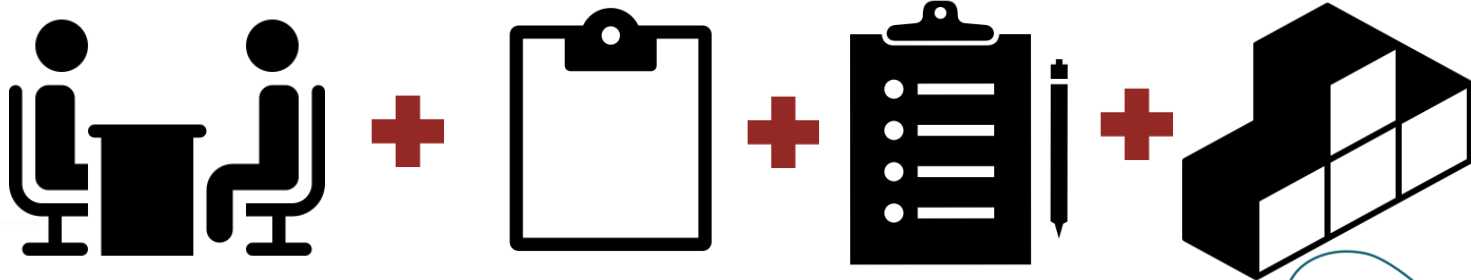
What is a psychoeducational assessment?

- An in-depth evaluation of all aspects of a child's functioning, designed to help parents better understand their child's strengths and areas for growth.
- Very often, assessments are recommended when there is a concern or query relating to a child's intellect, learning, development, or behavior.
 - In some cases, it is parents who develop these concerns.
 - In other cases, concerns are flagged by teachers or doctors.



What role does a psychologist play?

At Yellow Kite, our psychologists will use a custom mixture of robust interviews, observations, questionnaires, and standardized testing materials to identify the causes underlying the concerns and to suggest supportive and remedial strategies moving forward.



What is the difference between an assessment and counselling?

- Here at Yellow Kite, our assessments aim to figure out the “*why*.”
- Counselling introduces strategies to address the social, emotional, or behavioral concerns that may be popping up.
- While most children will experience some relief through counselling, the counselling process cannot conclusively determine *why* a child may be experiencing certain difficulties.
- Whenever there are questions about the reasons underlying a child’s challenges, assessments can provide definitive answers. These answers can then lead to an informed counselling or treatment plan.



How does it all tie in together?

Assessment
(The Why)



Strategies
(The Supports)



Informed
Treatment Plan





Let's talk specifics...



How long do assessments take?

The majority of Yellow Kite assessments include a one hour initial parent meeting, between four and six hours of testing, and a ninety minute parent feedback meeting. The exact structure and length will vary depending on the specific tests that are used. In most cases, parents are not permitted in the room when children are completing an assessment, as this can skew testing results; however, we go above and beyond to make the testing process fun and engaging for the child, and we always take lots of breaks!



How much is the investment?

Because of the large time investment during comprehensive testing and report writing, assessments can be priced upward of \$2000. We can provide a more accurate quote once we have a clearer understanding of the referral concern. Although they are costly, assessments are often necessary—and very valuable—in conclusively determining why a child is struggling and the most effective supports that can be implemented. In many cases, a portion of the assessment cost can be recouped through insurance coverage and benefits.



Tell me more about the type of testing involved.

A comprehensive assessment will usually include a standardized test of intellectual ability (e.g., the WISC-V) and academic ability (e.g., the WIAT-III). Additional tests are selected based on referral concerns, although we also incorporate additional testing measures based on our observations and interactions with your child. Other testing may include evaluations of literacy and numeracy development, focus and attention, executive functioning and memory, information processing, social development, and mood and emotional well-being. Some of these areas are evaluated through standardized tests, while others are evaluated through questionnaires and semi-structured interviews. In cases where school behaviors or learning are of concern, a classroom observation can also be a valuable part of the assessment.



How can I use the report to benefit my child?

Yellow Kite's assessment reports are designed to help parents in better understanding their child's strengths and challenges and guide parents and teachers in implementing supportive strategies that are informed based on comprehensive testing results. Further, when shared with educators, doctors, and other professionals working with your child, our reports can ensure that everybody has a clear and unified understanding of how to support your child's success and positive development. In many cases, an assessment report is required in order to implement unique and informed program planning within the school environment and to apply for government funding toward future developmental services.





What's next?



What are the next steps after an assessment?

Next steps will often depend on assessment findings. We thoroughly discuss the plan at the feedback meeting and documented it in the report. In some cases, this plan may involve remedial learning support, specialized classroom accommodations, social skill building, counselling, or a consultation with a pediatrician. Ultimately, the assessment will highlight core factors underlying a child's challenges, and pave the way for an informed and individualized treatment plan that parents and teachers can implement immediately. In many cases, the assessment is the first step in the treatment process. We often work closely with families as they begin implementing the treatment plan and we are always able to offer additional support and strategy modification, as the need arises. We are here every step of the way!



Thank You!



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